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## ABSTRACT

This work has as its objective to understand Core Energetics as a therapeutic approach that allows, through bodywork, a more complex experience than just exercising, and also to understand the meanings/significance attributed by the participants to the lived process through and in experience. In order to do this, it involved conversations with different areas of knowledge, such as therapy and Social Sciences. The main contributors were Pierrakos (1987), creator of this psycho-physical-emotional-spiritual therapeutic approach and Csordas (2008), anthropologist, interested in understanding the religious healing rituals, proposing an understanding of it from the human embodiment. These methods of research were qualitative and consisted of participant observation, interviews, document analysis and a written report by the subjects after completion of the bodywork practice. In the end, the study addressed the meaning/significance given by the subjects to their experiences and the incremental effect of the healing. This indicated that the inner god is the one that heals. The bodywork practices would be the promoters of these extraordinary meetings with the sacred in each human being.

**Key-words:** Core Energetics, bodywork practice, embodiment.

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Core energetics was founded in the early 1970s by John C. ... Pierrakos integrated the body therapy techniques of bioenergetics with the ... John Pierrakos (February 8, 1921 – February 1, 2001) was an American physician and ... Pierrakos was the founder and director of the Institute of Core Energetics (1973-2001), co-founder of the ... Download as PDF · Printable version .... There have been several other assertions as to what Body-Psychotherapy is, or is not, and a number of ... Psychotherapy'; Chuck Kelley's 'Radix' work; John Pierrakos's 'Core ... 16 Available as a download on the EABP website: www.eabp.org .... John Pierrakos, M.D. for his untiring work on understanding the human soul and teaching me ... for my Core Energetics ("Fifth year") Post-graduate training. 1994. ... manual of lectures on borderline by various teachers at the Pacific Northwest ...

Due to its large file size, this book may take longer to download; Length: 703 pages ... She trained in bioenergetic and core energetic therapy at the Institute for ... Dr. John Pierrakos's Institute for the New Age, now known as the Institute of Core ...

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